



Aquatics Schedule

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

June 19 2017-July 30 2017

*** Pool use times subject to change. Check for new schedules regularly! ***

| | Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|--|--------------------------|---|--|--|--|--|---------------------------------|
| * Lap Swim | 3 lanes 8:00am-1:00pm | 6:00am-9:40am 10:30am-1:00pm 4:00pm-8:45pm | 6:00am-9:00am 11:10-4:30pm 5:40pm-8:45pm | 6:00am-9:40am 10:30am-1:00pm 2:00pm-6:15pm 7:30pm-8:45pm | 6:00am-9:00am 11:10-4:30pm 5:40pm-8:45pm | 6:00am-9:40am 10:30am-1:00pm 4:00pm-8:45pm | 7:00am-9:00am 12:00pm-4:45pm |
| | 2 lanes | | 9:00am-11:10 | | 9:00am-11:10am | | |
| | 1 lane | | | 6:15pm-7:30pm | | | |
| Pool Programs | | H2O Aerobics 9:45am-10:30am Deep H2O 7:00pm-7:45pm | Lessons 10:00am-11:10am 4:30pm-5:40pm | H2O Aerobics 9:45am-10:30am Adult Lessons 6:00pm-6:30pm 7:00pm-7:30pm Deep Water 7:00pm-7:45pm | Lessons 10:00am-11:10am 4:30pm-5:40pm | H2O Aerobics 9:45am-10:30am | Lessons 8:30am-12:00pm |
| Adult Rec. Swim <i>(*Adults only!)</i> | | 6:00am-9:30 am | 6:00am-9:00am | 6:00am-9:00 am | 6:00am-9:00am | 6:00am-9:00am | |
| Member Open Swim | 8:00am-1:00pm | 10:30am-1:00pm 4:00pm-7:00pm 7:45pm-8:45pm | 11:00am-4:30pm 5:40pm-8:45pm | 10:30am-1:00pm 2:00pm-7:00pm 7:45pm-8:45pm | 11:00am-4:30pm 5:40pm-8:45pm | 10:30am-1:00pm 5:00pm-8:45pm | 7:00am-8:30am 12:00pm-4:45pm |
| Community /groups | | | | | | | |

* Lap swim: slower traffic please keep to the lane closest to the wall